



Reach for the Top (Reach) is a non-profit, outpatient, pediatric, rehab clinic that was started due to a great need in our community for specialty Physical Therapy, Occupational Therapy, and Speech-Language Pathology services. Although our location is in Dover, New Hampshire, Reach serves children from over 35 communities in the seacoast and beyond. Our clinic helps children with a wide array of challenges including but not limited to neurologic, orthopedic, medical, developmental, learning, communication, behavioral and oral motor and feeding issues. And we pride ourselves on providing support for our families.

Our clinic is a haven for many families who are challenged both socio-economically and emotionally due to the many issues and financial burdens faced with their children with extraordinary needs. Reach's staff provides therapy to all children with needs great or small, regardless of each family's circumstance. Currently, 54% of the children we serve have NH Medicaid. We help to support, motivate, educate and partner with our families and caregivers in whatever way we can! To that end, we partner with an organization called Lucas' Helping Hands. Together we are also able to help families with financial needs that are not covered by traditional systems. An example of this is a parent of a two year old child with physical disabilities who had another baby and needed a double stroller. We were able to support her obtaining this as insurance would not cover it.

Reach's therapy approach is designed for children of all abilities, their families and caregivers. We offer a variety of services that help children experience their communities with greater confidence as they improve in mobility, strength, coordination, cognition, communication, social-emotional, and behavioral development, and sensory processing.

Project: Children First Capital Campaign | 2019





As an integral and important resource in our seacoast community, **We Need Your Help** to continue to offer the highest quality of services to our children. Our equipment is well-loved by many every hour of almost every day. **Our project; Children First Capital Campaign** will help add some new state-of-the-art therapy equipment to our facility as well as provide the opportunity for some much-needed equipment updates. **We need your help in reaching our fundraising goals.**

Thank you in advance for your time and consideration. With your support, Reach for the Top Therapy Services will ensure that hundreds of seacoast children and beyond will continue to receive the highest quality therapy services and support for their families. Please come and visit our clinic! I know you won't want to leave!!!

CAPITAL EQUIPMENT NEEDS FOR 2019

Specialized Pediatric Treadmill

We are looking to upgrade our rehabilitation treadmill. The treadmill sponsor will give us the opportunity to receive a specialized treadmill for our rehab needs. This therapeutic and specialized treadmill offers speeds as low as 0.1 mph; which for some of our children learning or re-learning how to walk, is very important!



LITE GAIT

Many children do not have the strength, balance or ability to walk. The Lite Gait allows children to stand in a harness and slowly build strength, balance and control of their bodies in order to learn to walk. The Lite Gait also goes over a treadmill so that children get the experience of walking without the fear of falling. Also, it gives therapists the freedom to teach children how to use their bodies without having to hold them up into standing.



Swings for Vestibular Therapy

We use a variety of swings and bolsters in our pediatric clinic to work on strength and sensory needs in a fun way! It is great for developing body awareness, addressing motor planning skills, and building strength. It can also be a calming strategy for children with autism or sensory needs. Your swing sponsorship allows us to upgrade all our swings at the clinic.



New Ball Pit and the 6,800 balls it takes to fill it

Ball pits are not just for playing. We use our ball pit to work on so many therapy goals. Ball pits are great for body awareness, motor planning, tactile input, building strength, and of course, just fun! This ball pit has four heavy-duty vinyl-covered foam walls and a vinyl floor which make cleaning easy. It holds 6,800 balls. In a clinic where 150 children a week come for therapy, cleanliness is paramount!



Parallel Bars

Platform Mounted Adjustable Height Parallel Bars are used in a variety of ways and usually for children who have lots of trouble walking! We use them to help children stand from a wheelchair, walk without assistive devices, and can pair it with balance and coordination activities.



Rehab Equipment

We need to upgrade our materials on a regular basis due to the hundreds of children that use them each week. These pieces of equipment are critical for our ability to do our jobs to ensure the optimal success of our children every day. From balance beams, to weights, medicine balls and trampolines; to evaluation tools, IPADS, communication devices or switches for children who can't speak to communicate; to fine motor games and tools to make sure that children can do well in school; to oral motor and feeding supplies for those children who are at risk of aspiration pneumonia or who have trouble drinking, eating and swallowing. Your support will be used to make sure that every child who walks through our doors will have the necessary materials to succeed in all areas of health, learning and development.





Therapy Stairs

This staircase will be used in a variety of ways! We use stairs in rehab for teaching kids how to climb up and down, build strength, coordination, and crutch training.



Mat Table

Reach for the top therapy clinic uses Mat tables in a variety of ways, some children need to lay on them for stretching, massage, or exercises. They are also used for teaching children with assistive devices or wheelchairs to learn how to transfer onto their bed or a sofa.



With Your Donation, We Will Provide:

- **For businesses, your logo on our website**
- **Recognition of your support on all our social media**
- **Our public thanks for being a partner in our services**



Donation Form

Thank you for your Support!

Business or Donor Name: _____

Address: _____

Contact Name: _____

Email: _____ Phone: _____

Please submit company logo in high quality (png) file to hcontella@reachforthetopnh.org

Choose Donation Level Below:

Star Donation - \$25

Copper Donation - \$50

Bronze Donation - \$100

Silver Donation - \$250

Gold Donation - \$500

President's Donation - \$1,000

Other Donation: _____

Payment:

Please send checks to: Reach for the Top Therapy Services, McConnell Center, 61 Locust Street, Suite 333, Dover, NH 03820.